

Kartagener Syndrom und Primäre Ciliäre Dyskinesie e.V.
Patientenkongress 2018
Wiesbaden, April 28th 2018

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International Primary Ciliary Dyskinesia Cohort

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PCD research

- Rare diseases have been neglected for years
- Little funding available for research
- No routine data; difficult to identify patients (no ICD-10)
- Low awareness among physicians & public
- Complex diagnosis/ ends up to misdiagnosis or late diagnosis
- Little is known about symptoms, prognosis and treatment

Need for collaborative studies

- Even large centres have few patients
- Many small studies, difficult to compare
- Doctors don't always use the same “language”

Registries and cohorts:

- Increase awareness, help with patient identification
- Pool data of many countries/centres together in a standardised way
- Can be linked with other disease registries and routine statistics
- Help to identify suitable patients for studies, including trials

BESTCILIA FP7 EU funded project



- WP1: Observational trials in PCD
- WP2: International prospective PCD registry
- WP3: Introducing standardized diagnostic testing for PCD in European countries, where this is currently not available
- WP4: PCD-specific Health-Related Quality of Life Questionnaires (HRQOLQ)
- WP5: Randomized controlled clinical trial on the use of azithromycin

WP1: Observational trials in PCD

We aimed to:

- Identify existing PCD datasets
- Pool them in standardised cohort
- Describe the disease: clinical symptoms, lung function, growth, disease severity, prognosis and treatment effects
- Use the results to inform future research

Building up the iPCD cohort

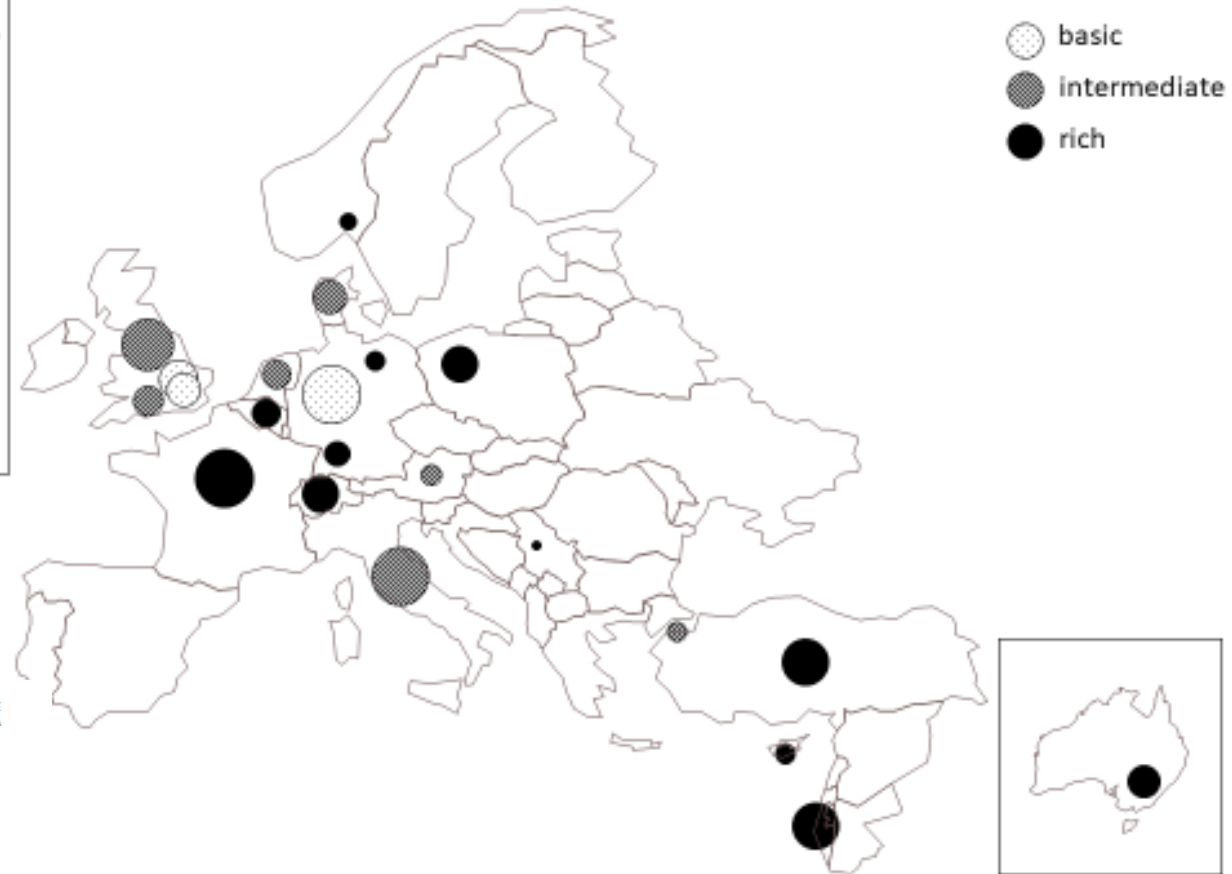
Identify all available datasets on PCD patients:

- Published and unpublished studies and case series
- Registries
- Personal contacts (2009 ERS PCD taskforce survey)
- www.clinical-trials.gov database

iPCD Cohort

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ORIGINAL ARTICLE
PRIMARY CILIARY DYSKINESIA



The international primary ciliary dyskinesia cohort (iPCD Cohort): methods and first results

Myrofora Goutaki^{1,2}, Elisabeth Maurer¹, Florian S. Halbeisen¹, Israel Amirav³, Angelo Barbato⁴ on behalf of the PCD Italian Consortium, Laura Behan⁵, Mieke Boon⁶, Carmen Casaulta² on behalf of the Swiss PCD Group, Annick Clement⁷ on behalf of the French Reference Centre for Rare Lung Diseases, Suzanne Crowley⁸, Eric Haarman⁹, Claire Hogg¹⁰, Bulent Karadag¹¹, Cordula Koerner-Rettberg¹², Margaret W. Leigh¹³ on behalf of the Genetic Disorders of Mucociliary Clearance Consortium, Michael R. Loebinge¹⁴, Henryk Mazurek¹⁵, Lucy Morgan¹⁶, Kim G. Nielsen¹⁷, Heymut Omran¹⁸, Nicolaus Schwerk¹⁹, Sergio Scigliano²⁰, Claudius Werner¹⁸, Panayiotis Yiallourous²¹, Zorica Zivkovic^{22,23}, Jane S. Lucas⁵ and Claudia E. Kuehni¹

21 countries
26 centres or consortia

@ERSpublications
The iPCD Cohort offers a unique opportunity to study PCD in an international retrospective cohort of >3000 patients <http://ow.ly/m0m304jgsu>

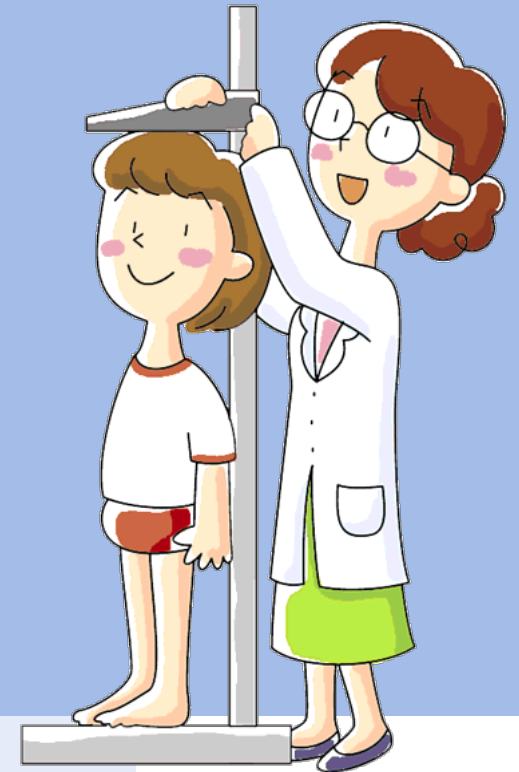
Cite this article as: Goutaki M, Maurer E, Halbeisen FS. The international primary ciliary dyskinesia cohort (iPCD Cohort): methods and first results. *Eur Respir J* 2017; 49: 1601181 [<https://doi.org/10.1183/13993003.01181-2016>].

Country	P.I.	Patients (N)	Country	P.I.	Patients (N)
Argentina	S. Scigliano	101	Netherlands	E. Haarman	82
Australia	L. Morgan	105	Norway	S. Crowley	27
Belgium	M. Boon	82	Poland	H. Mazurek	132
Colombia	S. Ucros	11	Serbia	Z. Zivkovic	10
Cyprus	P. Yiallourous	38	Switzerland	Swiss PCD group	132
Czech Rep.	P. Pohunek	44	Turkey	B. Karadag	37
Denmark	K. Nielsen	110	Turkey	U. Özçelik	221
France	Respirare (A. Clement/ B. Maitre)	380	UK	J. Lucas	104
			UK	C. Hogg	116
Germany	H. Omran	337	UK	M. Loebinger	151
Germany	C. Koerner- Rettberg	64	UK	R. Hirst	443
Germany	N. Schwerk	38	USA/ Canada	PCD Foundation's Clinical & Research Centers Network	418
Greece	K. Priftis	12			
Israel	I. Amirav	210	iPCD Cohort		3736
Italy	Italian PCD Consortium	331			

Growth and nutrition of PCD patients and their association with lung function

- Growth and nutrition:
 - a. often affected in chronic pulmonary diseases
 - b. associated with lung function later in life in eg. CF or bronchopulmonary dysplasia

- Few existing studies:
 - a. contradictory results
 - b. few patients
 - c. methodological inconsistencies

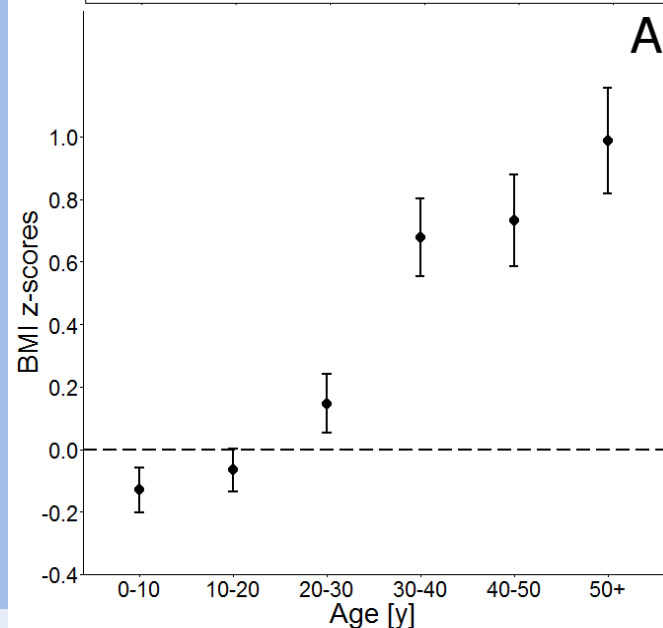
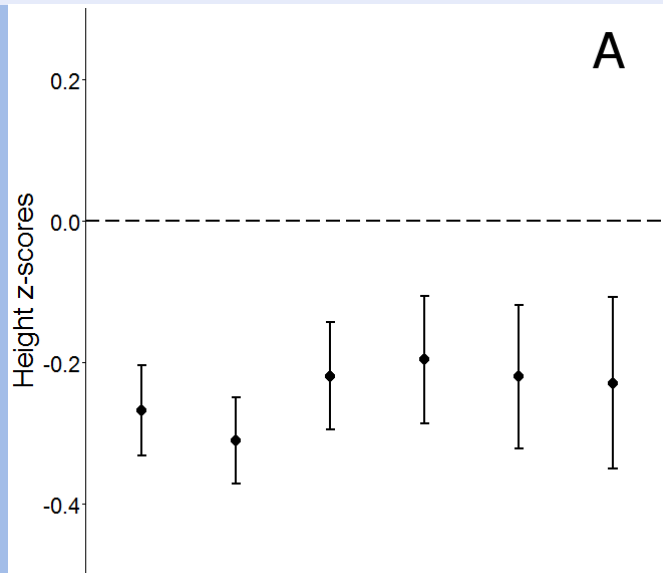


Growth and nutrition of PCD patients and their association with lung function

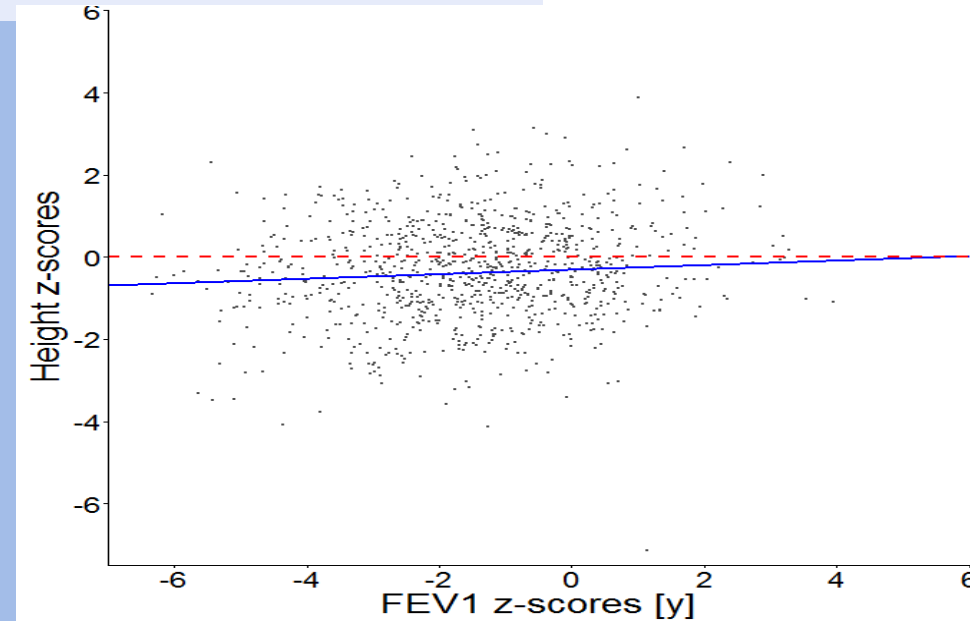
We aimed to:

- Describe age and sex-adjusted height and BMI of PCD patients, compared to:
 - a) international reference values
 - b) national reference values
- Determine factors associated with height and BMI in PCD patients

Growth and nutrition of PCD patients and their association with lung function



1609 patients
16 countries



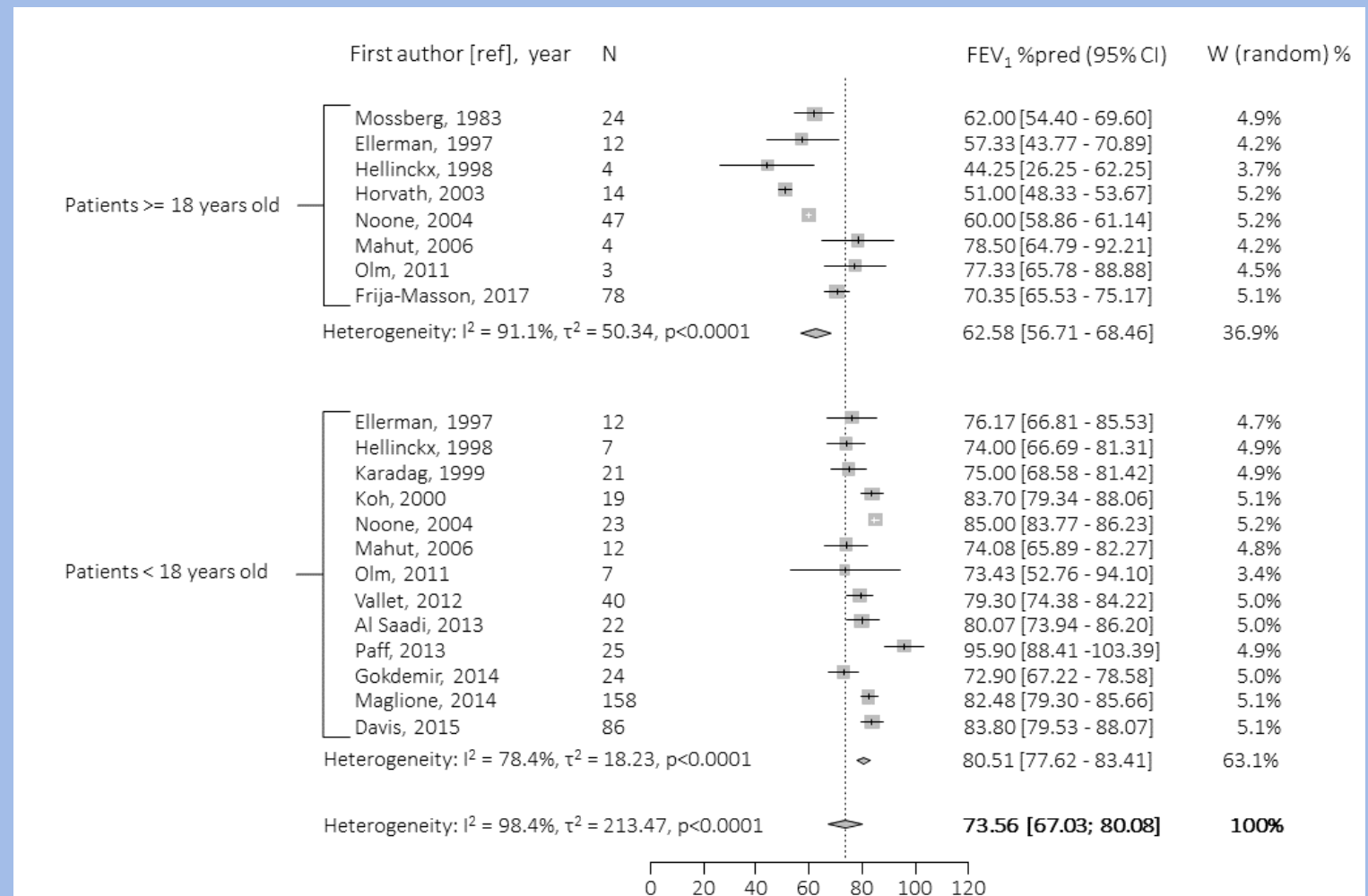
- Height z-scores lower in all age groups
- BMI z-scores lower in children
- Late diagnosis associated with lower height & BMI
- FEV1 positively associates with height & BMI

Growth and nutrition of PCD patients and their association with lung function

- Early diagnosis and multidisciplinary management including nutritional interventions if needed, could delay disease progression
- Prospective longitudinal studies are needed to clarify how lung function and growth are connected in PCD

Lung function in patients with PCD

Results of published studies vary

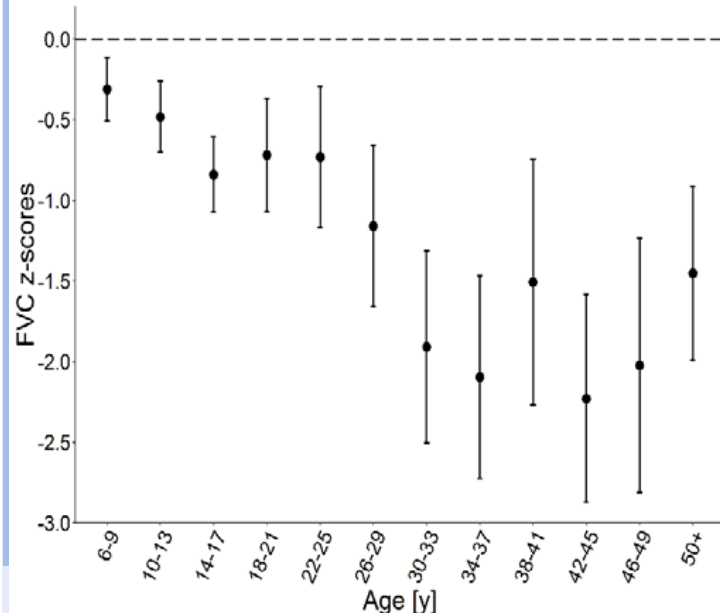
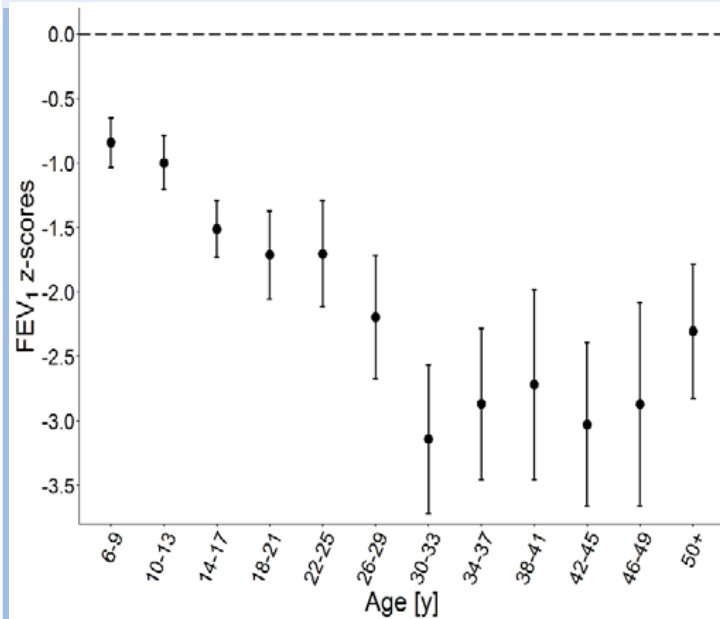


Lung function in patients with PCD

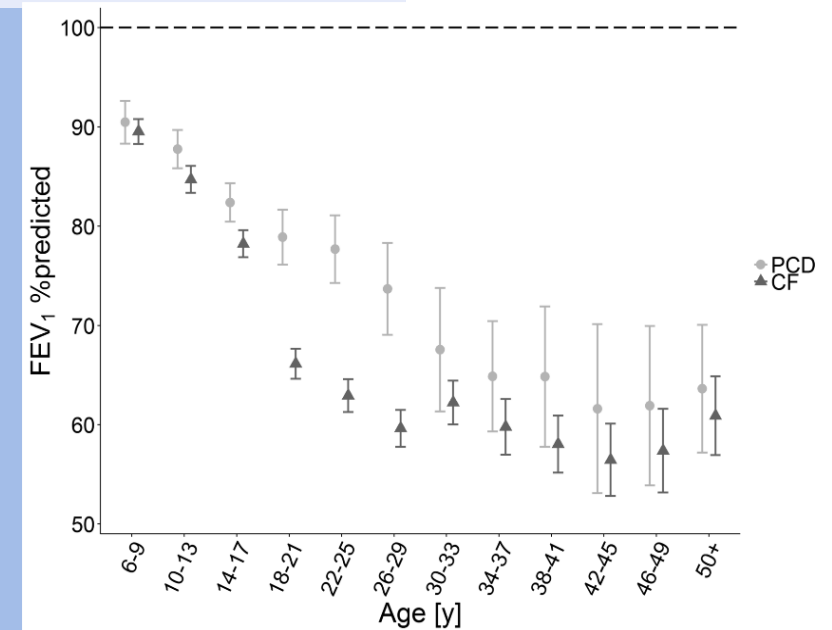
We aimed to:

- Describe age, sex and height-adjusted FEV1 and FVC of PCD patients compared to
 - a) international GLI reference values
 - b) published CF lung function values
- Determine factors associated with lung function of PCD patients

Lung function in patients with PCD



991 patients
15 countries



- All age groups had lower FEV₁ and FVC z-scores
- Female sex and underweight were predictors of lower lung function
- Lung function similar to CF in childhood

Ongoing and planned studies

- Prevalence and impact of **lung resection** in PCD
- Evolution of PCD **diagnostic testing** in Europe
- **Neonatal manifestations** in PCD



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- Describe **clinical picture and natural history** of PCD
- Distinguish **disease subgroups** (phenotypes)
- Propose simple **disease classification model**

Standardised PCD follow-up proforma

- Need for standardised recording of symptoms
- PCD follow-up is often extrapolated from other diseases
- We aimed to **develop disease specific standardised proformas** for longitudinal data collection of PCD patients during routine care
- Interdisciplinary group (paediatric and adult pulmonologists, ENT physicians, epidemiologists, diagnosticians, nurses, physiotherapists)

Standardised PCD follow-up proforma

Standardised PCD proforma modules

- 1 Basic patient information, diagnostic evaluation and baseline medical history
- 2 Physical examination of lungs and heart
- 3 Physical examination of ear nose throat
- 4 Growth measurements and clinical tests (lung function, imaging, microbiology)
- 5 Hospitalizations and treatment (surgeries, medication, physiotherapy)
- 6 Medical history
- 7 Environment and lifestyle (different for children and adults)

Very soon: **start piloting!**

Thank you for your attention

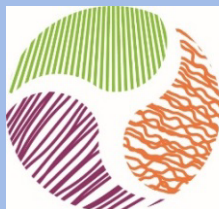
I would like to thank:

- The PCD team at ISPM Bern
Claudia Kuehni, Florian Halbeisen
- The BESTCILIA group, Heymut Omran
- BEAT-PCD network, Jane Lucas
- iPCD cohort collaborators
- Standardised PCD proforma group
- All the patients and the patient support organisations



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BEAT-PCD
BETTER EXPERIMENTAL APPROACHES TO TREAT PCD

LUNGENLIGA BERN
LIGUE PULMONAIRE BERNOISE

